

Bowls

Pick your base: **Açaí** | **Mango** | **Swirl**

Very Berry **VG.**

blueberry, strawberry, agave. (\$9.00)

Ocean Drive **VG.**

granola, strawberry, blueberry, hemp seeds, agave. (\$10.50)

Choco Loco **V.**

granola, strawberry, banana, nutella. (\$10.50)

Banana Bliss **V.**

granola, banana, coconut flakes, & biscoff butter. (\$10.50)

Coco Tropic **VG.**

banana, pineapple, mango, coconut flakes, & agave. (\$11.25)

Ocean Power **V.**

vanilla protein, granola, blueberry, banana, peanut butter, chia seeds. (\$11.50)

Bela Bowl **VG.**

granola, strawberry, banana, mango, pineapple, coconut flakes, almond butter, & agave. (\$12.50)

tropical bowl boosters

(+\$0.75 /ea)

More Fruit

Strawberries
Banana
Blueberries
Mango
Pineapple

Drizzles

Nutella
Agave
Peanut Butter
Almond Butter
Biscoff Butter

Toppings

Hemp Seeds
Chia Seeds
Coconut Flakes
Granola
Whipped Cream

Beachside Bites

Avocado toast **VG.**

olive oil, hemp seeds. (\$4.00)

Nutella Waffle **V.**

strawberries, banana, nutella, powdered sugar, whipped cream. (\$7.50)

Biscoff Waffle **V.**

banana, biscoff, powdered sugar, whipped cream. (\$7.50)

Nutella Crepes **V.**

strawberries, banana, nutella, powdered sugar, whipped cream. (\$7.50)

Biscoff Crepes **V.**

banana, biscoff, powdered sugar, whipped cream. (\$7.50)



Smoothies

20 Ounces

The Islander **VG.**

strawberry, banana, coconut milk, agave. (\$6.50)

Mango Magic **VG.**

mango, banana, apple juice. (\$7.00)

The Amazonia **VG.**

kale, mango, pineapple, apple juice. (\$7.50)

Mood Boost **VG.**

avocado, banana, coconut milk, hemp seeds, agave. (\$7.50)

Tropical Wave **VG.**

pineapple, mango, coconut milk, coconut flakes, agave. (\$7.50)

Açaí Escape **VG.**

organic açai, banana, apple juice, agave. (\$8.00)

Wild Berry Jungle **VG.**

strawberry, blueberry, raspberry, blackberry, apple juice. (\$8.00)

Peanut Power **V.**

peanut butter, banana, coconut milk, vanilla protein powder. (\$8.00)

Add protein powder? (+1.50)



Kids Smoothies

12 Ounces

The Little Islander **VG.**

strawberry, banana, coconut milk, agave. (\$4.50)

Mango Tango **VG.**

mango, banana, apple juice. \$4.50

Brazilian Lemonade

20oz (\$4.95) **V.**

